

# For M.S.D.W.T. Elementary Schools: Kindergarten through Fifth Grade

## School-based Behavioral Health Services

provided by **Cummins Behavioral Health Systems, Inc.**

Our programs help students build positive coping skills for success in today's world. Participants will learn techniques to manage anger, enhance relationships, increase their feelings of self-worth, and increase cooperative behavior at home and school.

Services Include:

- Individual therapy
- Group therapy
- Brief intervention
- Case management
- Crisis intervention
- Skill building
- Teacher consultation
- Parent consultation

Common Focus Areas Include:

- Anger management
- Anxiety
- Attention deficit hyperactivity disorder
- Behavior management
- Communication skills
- Depression
- Family/peer issues
- Grief and loss
- Problem solving
- Self-esteem
- Cooperative skills
- Substance abuse
- Suicide

Our therapists are Masters level clinicians placed in the school. Students cannot receive services without completing an intake assessment. Services are paid by Medicaid, private insurances, other third-party sources or sliding scale fees (billed to the family).

Our Life Skills Specialists are Bachelors level care providers who perform services for Cummins' consumers in school. Consumers must first complete intake assessment with the clinician. Life Skills Specialists may provide psycho-educational groups, teacher/parent consultation, behavioral interventions in the home and at school, activities of daily living skills in home, school, and in the community, linkage to community and school resources for the student and family, and assistance in accessing necessary supports such as probation or the medical doctor.

Services are paid for by Medicaid, other third-party sources or sliding scale fees (billed to the family).

For more information contact:

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