



North Central High School Menu



Breakfast and Lunch Menu January - May 2022

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1	FRESH MARKET Deli Sandwiches Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Cheeseburger Fries Assorted Cold Veggies CHICKEN CRAVE Chicken Sandwich California Blend Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line	FRESH MARKET Deli Sandwiches, PB&J Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Rotini w/Garlic Bread Broccoli w/Cheese Assorted Cold Veggies CHICKEN CRAVE Chicken Nuggets w/Roll Potatoes Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line	FRESH MARKET Deli Sandwiches, Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Manager's Choice Green Beans Assorted Cold Veggies CHICKEN CRAVE Spicy Chicken Sandwich Green Beans Assorted Cold Veggies PIZZERIA Calzone w/Marinara Fresh Green Salad Assorted Fruits Available On Every Line	FRESH MARKET Deli Sandwiches, PB&J Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Quesadilla w/Salsa Refried Beans Assorted Cold Veggies CHICKEN CRAVE Chicken Tenders Corn Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line	FRESH MARKET Deli Sandwiches Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Pasta Alfredo Sweet Potato Cubes Assorted Cold Veggies CHICKEN CRAVE Chicken Drumstick Mashed Potatoes Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line	
	2	FRESH MARKET Deli Sandwiches Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Hot Dog Corn Assorted Cold Veggies CHICKEN CRAVE Chicken Sandwich Fries Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line	FRESH MARKET Deli Sandwiches, PB&J Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Meatball Sub Sandwich Fries Assorted Cold Veggies CHICKEN CRAVE Chicken Nuggets w/Roll Broccoli w/Cheese Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line	FRESH MARKET Deli Sandwiches Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Manager's Choice Green Beans Assorted Cold Veggies CHICKEN CRAVE Spicy Chicken Sandwich Green Beans Assorted Cold Veggies PIZZERIA Calzone w/Marinara Fresh Green Salad Assorted Fruits Available On Every Line	FRESH MARKET Deli Sandwiches, PB&J Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Corn Dog Baked Beans Assorted Cold Veggies CHICKEN CRAVE Chicken Tender Sweet Potato Cubes Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line	FRESH MARKET Deli Sandwiches Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Mac & Cheese Broccoli Assorted Cold Veggies CHICKEN CRAVE Chicken Drumstick/Roll Mashed Potatoes Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line
		Breakfast	Choose Juice, Fruit and one item Below: Cereal Bowl Poptart Muffin Mini Donuts Bagel/Cream Cheese UBR	Choose Juice, Fruit and one item Below: Cereal Bowl Poptart Muffin Mini Donuts Bagel/Cream Cheese UBR	Choose Juice, Fruit and one item Below: Cereal Bowl Poptart Muffin Mini Donuts Bagel/Cream Cheese UBR	Choose Juice, Fruit and one item Below: Cereal Bowl Poptart Muffin Mini Donuts Bagel/Cream Cheese UBR

January 2022						
S	M	T	W	T	F	S
	10	11	12	13	14	
	NL	18	19	20	21	
	24	25	26	27	28	
	31	1	2	3	4	

February 2022						
S	M	T	W	T	F	S
	7	8	9	10	11	
	14	15	16	17	18	
	NL	22	23	24	25	
	28	1	2	3	4	

March 2022						
S	M	T	W	T	F	S
	7	8	9	10	11	
	14	15	16	17	18	
	21	22	23	24	25	
	28	29	30	31	1	

April 2022						
S	M	T	W	T	F	S
	NL	NL	NL	NL	NL	
	11	12	13	14	15	
	18	19	20	21	22	
	25	26	27	28	29	

May 2022						
S	M	T	W	T	F	S
	2	3	4	5	6	
	9	10	11	12	13	
	16	17	18	19	20	
	23	24	25			

Week 1 Meal Plan

Week 2 Meal Plan

This institution is an equal opportunity provider
 ** Menus are subject to change



MEAL PRICING:

Breakfast and Lunch are free to all students for the 2022 School Year

Milk Only	\$.50
Adult Breakfast	\$2.25
Adult Lunch	\$4.60

