

North Central High School Menu

Breakfast and Lunch Menu January - May 2023



| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | | |
|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | FRESH MARKET Deli Sandwiches Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Cheeseburger or Cheesy PulApart Fries Assorted Cold Veggies CHICKEN CRAVE Pot Stickers w/Rice AsianBlend Veggies Assorted Cold Veggies PIZZERIA Pizza FreshGreen Salad Assorted Fruits Available On Every Line | FRESH MARKET Deli Sandwiches, PB&J Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Rotini w/Garlic Bread or Corn Dog Broccoli w/Cheese Assorted Cold Veggies CHICKEN CRAVE Chicken Nuggets w/Roll Potatoes Assorted Cold Veggies PIZZERIA Pizza FreshGreen Salad Assorted Fruits Available On Every Line | FRESH MARKET Deli Sandwiches, Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Manager's Choice Green Beans Assorted Cold Veggies CHICKEN CRAVE Spicy Chicken Sandwich GreenBeans Assorted Cold Veggies PIZZERIA Calzone w/Marinara FreshGreen Salad Assorted Fruits Available On Every Line | FRESH MARKET Deli Sandwiches, PB&J Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Loaded Tots or BBQ Rib Sandwich Refried Beans Assorted Cold Veggies CHICKEN CRAVE Chicken Tenders/Garlic Knot Corn Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line | FRESH MARKET Deli Sandwiches Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Mac& Cheese Baw/breadstick Sweet Potato Cubes Assorted Cold Veggies CHICKEN CRAVE Asian Chickenw/Rice Broccoli Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line | | |
| | 2 | FRESH MARKET Deli Sandwiches Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Baked Potato Bar w/Roll or Cheesy PulApart Corn Assorted Cold Veggies CHICKEN CRAVE Chicken Sandwich Fries Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line | FRESH MARKET Deli Sandwiches, PB&J Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Bosco Sticks w/Marinara or Corn Dog Fries Assorted Cold Veggies CHICKEN CRAVE Chicken Nuggets w/Roll Broccoli w/Cheese Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line | FRESH MARKET Deli Sandwiches Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Manager's Choice Green Beans Assorted Cold Veggies CHICKEN CRAVE Spicy Chicken Sandwich Green Beans Assorted Cold Veggies PIZZERIA Calzone w/Marinara Fresh Green Salad Assorted Fruits Available On Every Line | FRESH MARKET Deli Sandwiches, PB&J Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Appetizer Basket or BBQ Rib Sandwich Baked Beans Assorted Cold Veggies CHICKEN CRAVE Chicken Tenderw/discuit Sweet Potato Cubes Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line | FRESH MARKET Deli Sandwiches Specialty Salads Yogurt Combo Veggie Pack Combo PANTHER FAVORITES Pasta Baw/breadstick Broccoli Assorted Cold Veggies CHICKEN CRAVE Asian Chicken w/Rice Broccoli Assorted Cold Veggies PIZZERIA Pizza Fresh Green Salad Assorted Fruits Available On Every Line | |
| | | Breakfast | Choose Juice, Fruit and one Item Below: Hot Item Cereal Bowl Poptart Muffin Mini Donuts Bagel/Cream Cheese UBR | Choose Juice, Fruit and one Item Below: Hot Item Cereal Bowl Poptart Muffin Mini Donuts Bagel/Cream Cheese UBR | Choose Juice, Fruit and one Item Below: Hot Item Cereal Bowl Poptart Muffin Mini Donuts Bagel/Cream Cheese UBR | Choose Juice, Fruit and one Item Below: Hot Item Cereal Bowl Poptart Muffin Mini Donuts Bagel/Cream Cheese UBR | Choose Juice, Fruit and one Item Below: Hot Item Cereal Bowl Poptart Muffin Mini Donuts Bagel/Cream Cheese UBR |

| January 2023 | | | | | | |
|--------------|----|----|----|----|----|---|
| S | M | T | W | T | F | S |
| | | 10 | 11 | 12 | 13 | |
| | NL | 17 | 18 | 19 | 20 | |
| | 23 | 24 | 25 | 26 | 27 | |
| | 30 | 31 | 1 | 2 | 3 | |

| February 2023 | | | | | | |
|---------------|----|----|----|----|----|---|
| S | M | T | W | T | F | S |
| | 6 | 7 | 8 | 9 | 10 | |
| | 13 | 14 | 15 | 16 | 17 | |
| | NL | 21 | 22 | 23 | 24 | |
| | 27 | 28 | NL | 2 | 3 | |

| March 2023 | | | | | | |
|------------|----|----|----|----|----|---|
| S | M | T | W | T | F | S |
| | 6 | 7 | 8 | 9 | 10 | |
| | 13 | 14 | 15 | 16 | 17 | |
| | 20 | 21 | 22 | 23 | 24 | |
| | 27 | 28 | 29 | 30 | 31 | |

| April 2023 | | | | | | |
|------------|----|----|----|----|----|---|
| S | M | T | W | T | F | S |
| | 10 | 11 | 12 | 13 | 14 | |
| | 17 | 18 | NL | 20 | 21 | |
| | 24 | 25 | 26 | 27 | 28 | |
| | 1 | 2 | 3 | 4 | 5 | |

| May 2023 | | | | | | |
|----------|----|----|----|----|----|---|
| S | M | T | W | T | F | S |
| | 8 | 9 | 10 | 11 | 12 | |
| | 15 | 16 | 17 | 18 | 19 | |
| | 22 | 23 | 24 | 25 | NL | |

Week 1 Meal Plan
 Week 2 Meal Plan

This institution is an equal opportunity provider
 ** Menus are subject to change



MEAL PRICING:
 Student Breakfast \$1.50
 Student Lunch \$2.65
 Milk Only \$0.50
 Adult Breakfast \$2.50
 Adult Lunch \$4.60

