Coverage Period: 01/01/2024 – 12/31/2024
Coverage for: Individual and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would

share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-888-235-0228 or visit <a href="https://www.MyAmeriBen.com">www.MyAmeriBen.com</a>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other <a href="https://www.myAmeriBen.com">underlined</a> terms see the Glossary. You can view the Glossary at <a href="https://www.myAmeriBen.com">www.myAmeriBen.com</a> or call 1-888-235-0228 to request a copy.

Important Questions	Answers			Why This Matters:
		Network	Non-Network	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u>
What is the overall	Per participant:	\$1,500	\$2,000	amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the
deductible?	Per family:	\$1,750	\$4,000	total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
· · · · · · · · · · · · · · · · · · ·		entive care, prescription drugs, rvices which require a co-		This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.			You don't have to meet <u>deductibles</u> for specific services.
VAUL and the state of the state of		Network	Non-Network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If
What is the <u>out-of-pocket</u> limit for this plan?	Per participant:	\$3,250	\$6,000	you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-</u>
	Per family:	\$6,500	\$12,000	pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the <u>out-of-pocket limit?</u>	Plan doesn't cover, maximums, charges allowed amounts, p	remiums, balance-billed charges, health care this related doesn't cover, charges in excess of benefit naximums, charges in excess of maximum llowed amounts, pre-certification penalties, and on-medically necessary services.		Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes, for medical: Anthem. See <a href="https://www.anthem.com">www.anthem.com</a> or call 1-888-235-0228 for a list of network providers.  Yes, for prescription drugs: TrueScripts. For a list of retail and mail pharmacies, log on to		network Scripts. For a	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab

	www.truescripts.com or call 1-844-257-1955.	work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common	Common		ou Will Pay	Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$25 co-payment, deductible waived	30% co-insurance after deductible	Co-payment is applied per visit. Co-payment applies to office visit charge only. Services	
If you visit a health care provider's office	Specialist visit	\$50 co-payment, deductible waived	30% co-insurance after deductible	received in in conjunction with an urgent care visit may require additional <u>co-payments</u> , <u>deductibles</u> , or <u>co-insurance</u> .	
or clinic	Preventive care/screening/ immunization	No charge, deductible waived	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge, deductible waived	30% co-insurance after deductible	<b>Pre-certification is required for certain services.</b> Failure to obtain pre-certification may reduce benefits by 50%.	
	Imaging (CT/PET scans, MRIs)	20% co-insurance after deductible	30% co-insurance after deductible	<b>Pre-certification is required.</b> Failure to obtain pre-certification may reduce benefits by 50%.	
	Generic drugs	1-30 Day Supply: \$10 co-payment 31-90 Day Supply: \$25 co-payment		Not all <u>prescription drugs</u> are covered. To determine if a specific drug is covered under your <u>plan</u> , log into your account at	
If you need drugs to treat your illness or condition  More information about prescription drug	Preferred brand drugs	1-30 Day Supply: \$35 co-payment 31-90 Day Supply: \$88 co-payment	Not covered	www.truescripts.com.  Specialty drugs are limited to a thirty (30) day supply and require pre-certification. The specialty drug formulary changes from time to	
coverage is available at www.truescripts.com	Non-preferred brand drugs	1-30 Day Supply: \$60 co-payment 31-90 Day Supply: \$150 co-payment		time. To see if your prescription is covered under the plan, as well as the level of coverage, please contact TrueScripts at 1-844-257-1955.	
	Specialty drugs	Tier 1: 25% co-insurance up to			

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.MyAmeriBen.com</u>.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
		\$150.00 maximum			
		Tier 2: 20% co-insurance up to \$550.00 maximum			
		Tier 3: 20% co-insurance up to \$2,000.00 maximum			
		Tier 4: 20% co-insurance			
		Tier 5: 50% co-insurance			
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% co-insurance after deductible	30% co-insurance after deductible	<b>Pre-certification is required.</b> Failure to obtain pre-certification may reduce benefits by 50%.	
surgery	Physician/surgeon fees	20% co-insurance after deductible	30% co-insurance after deductible	none	
	Emergency room care	\$150 co-payment, deductible waived	\$150 co-payment, deductible waived	Co-payment is applied per visit.	
If you need immediate	Emergency medical transportation	20% co-insurance after deductible	20% co-insurance after network deductible	none	
medical attention	<u>Urgent care</u>	\$50 co-payment, deductible waived	30% co-insurance after deductible	<u>Co-payment</u> is applied per visit. <u>Co-payment</u> applies to urgent care visit only. Services received in in conjunction with an urgent care visit may require additional <u>co-payments</u> , <u>deductibles</u> , or <u>co-insurance</u> .	
If you have a hospital	Facility fee (e.g., hospital room)	20% co-insurance after deductible	30% co-insurance after deductible	<b>Pre-certification is required.</b> Failure to obtain pre-certification may reduce benefits by 50%.	
stay	Physician/surgeon fees	20% co-insurance after deductible	30% co-insurance after deductible	none	

 $<sup>^{\</sup>star} \ \text{For more information about limitations and exceptions, see the } \underline{\text{plan}} \ \text{or policy document at } \underline{\text{www.MyAmeriBen.com}}.$ 

Common		What Yo	ou Will Pay	Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider	Non-Network Provider	Information	
If you need mental health, behavioral	Outpatient services	(You will pay the least)  Office Visits:  \$25 co-payment, deductible waived  Outpatient Services:	(You will pay the most)  30% co-insurance after deductible	Pre-certification is required for intensive outpatient services and partial hospitalization. Failure to obtain pre-	
health, or substance abuse services		20% co-insurance after deductible		certification may reduce benefits by 50%.	
	Inpatient services	20% co-insurance after deductible	30% co-insurance after deductible	<b>Pre-certification is required.</b> Failure to obtain pre-certification may reduce benefits by 50%.	
	Office visite	Initial Visit: No charge, deductible waived	30% co-insurance after	Cost sharing does not apply for preventive services.	
If you are pregnant	Office visits	All Other: Applicable benefit as billed	deductible	Depending on the type of services, a co- payment, co-insurance, or deductible may apply.	
	Childbirth/delivery professional services	20% co-insurance after deductible	30% co-insurance after deductible	Maternity care may include tests and services described elsewhere in the SBC (i.e.	
	Childbirth/delivery facility services	20% co-insurance after deductible	30% co-insurance after deductible	ultrasound).	
	Home health care	20% co-insurance after deductible	30% co-insurance after deductible	Calendar Year Maximum: Sixty (60) visits per plan participant.	
				<b>Pre-certification is required.</b> Failure to obtain pre-certification may reduce benefits by 50%.	
	Rehabilitation services	\$25 co-payment, deductible waived	30% co-insurance after deductible	Pre-certification is required for certain services. Failure to obtain pre-certification	
If you need help	Habilitation services	\$25 co-payment, deductible waived	30% co-insurance after deductible	may reduce benefits by 50%.	
recovering or have other special needs	Skilled nursing care	20% co-insurance after	30% co-insurance after	<b>Calendar Year Maximum:</b> Sixty (60) days per plan participant.	
		deductible	deductible	<b>Pre-certification is required.</b> Failure to obtain pre-certification may reduce benefits by 50%.	
	Durable medical equipment	20% co-insurance after deductible	30% co-insurance after deductible	Pre-certification is required for DME in excess of \$3,000. Failure to obtain precertification may reduce benefits by 50%.	
	Hospice services	20% co-insurance after	30% co-insurance after	<b>Pre-certification is required.</b> Failure to obtain	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.MyAmeriBen.com</u>.

Common		What Y	ou Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
		deductible	deductible	pre-certification may reduce benefits by 50%.
If your child needs	Children's eye exam	\$25 co-payment, deductible waived	Not covered	Co-payment is applied per visit.
dental or eye care	Children's glasses	Not covered	Not covered	none
	Children's dental check-up	Not covered	Not covered	none

## **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does	SNOT Cover (Check your policy or plan document for m	fore information and a list of any other <u>excluded services.</u> )
Acupuncture	<ul> <li>Infertility treatment</li> </ul>	<ul> <li>Private duty nursing</li> </ul>
Bariatric surgery	<ul> <li>Long-term care</li> </ul>	Routine foot care

Non-emergency care when travelling outside - the Cosmetic surgery U.S. Dental care

Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care Hearing aids Routine eye care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact

the third party administrator (TPA) to assist the plan administrator with claims adjudication. The TPA's name, address, and telephone number are:

AmeriBen

Attention: Appeals Coordination

P.O. Box 7186 Boise, ID 83707 1-888-235-0228

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-235-0228.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-235-0228.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-235-0228.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-235-0228.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$1,500
■ Specialist co-payment	\$25
■ Hospital (facility) cost sharing	20%
■ Other cost sharing	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$1,500	
Copayments	\$0	
Coinsurance	\$1,700	
What isn't covered		
Limits or exclusions	\$20	
The total Peg would pay is	\$3,220	

\$12,700

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall <u>deductible</u>	\$1,500
■ Specialist co-payment	\$25
■ Hospital (facility) cost sharing	20%
■ Other cost sharing	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

# Total Example Cost \$5,600

In this example, Joe would pay:	
Cost Sharing	
Deductibles	\$300
Copayments	\$600
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$900

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$1,500
Specialist co-payment	\$25
■ Hospital (facility) cost sharing	20%
Other cost sharing	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)

Durable medical equipment (crutches) Rehabilitation services (physical therapy)

**Total Example Cost** 

In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$1,500
Copayments	\$300
Coinsurance	\$50
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,850

\$2.800